






Your Primary Love Language™ is
Quality Time



	Quality Time	30%
	Physical Touch	23%
	Receiving Gifts	23%
	Words of Affirmation	17%
	Acts of Service	7%

Quality Time

In Quality Time, nothing says "I love you" like full, undivided attention. Being there for this type of person is critical, but really being there—with the TV off, fork and knife down, and all chores and tasks on standby—makes you feel truly special and loved. Distractions, postponed activities, or the failure to listen can be especially hurtful. Whether it's spending uninterrupted time talking with someone else or doing activities together, you deepen your connection with others through sharing time.

The Love Language™ Series

It's never too late to start loving better.

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