






## Physical Touch



	Physical Touch	<b>40%</b>
	Quality Time	<b>30%</b>
	Acts of Service	<b>13%</b>
	Words of Affirmation	<b>10%</b>
	Receiving Gifts	<b>7%</b>

## Physical Touch

This Love Language™ isn't all about the bedroom. A person whose primary Love Language™ is Physical Touch is, not surprisingly, very touchy. Hugs, pats on the back, holding hands, and thoughtful touches on the arm, shoulder, or face – they can all be ways to show excitement, concern, care, and love. Physical presence and accessibility are crucial, while neglect or abuse can be unforgivable and destructive. Physical touch fosters a sense of security and belonging in any relationship.

The Love Language™ Series  
**It's never too late  
to start loving better.**



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