Quality Time



Quality Time	37%
Words of Affirmation	20%
Physical Touch	20%
Acts of Service	17%
Receiving Gifts	7%

Quality Time

In the vernacular of Quality Time, nothing says “I love you” like full undivided attention. Being there for this type of person is critical, but really being there – with the TV off, fork and knife down, and all chores and tasks on standby – makes your significant other feel truly special and loved. Distractions, postponed dates, or the failure to listen can be especially hurtful. The Love Language™ of Quality Time also means sharing quality conversation and quality activities.

The Love Language™ Series

It’s never too late to start loving better.



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