Physical Touch



Physical Touch	40%
Quality Time	27%
Acts of Service	17%
Words of Affirmation	13%
Receiving Gifts	3%

Physical Touch

This Love Language™ isn't all about the bedroom. A person whose primary Love Language™ is Physical Touch is, not surprisingly, very touchy. Hugs, pats on the back, holding hands, and thoughtful touches on the arm, shoulder, or face – they can all be ways to show excitement, concern, care, and love. Physical presence and accessibility are crucial, while neglect or abuse can be unforgivable and destructive. Physical touch fosters a sense of security and belonging in any relationship.

The Love Language™ Series

It's never too late to start loving better.



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